

PROFESSIONAL FACIAL AND BODY TREATMENTS

- treatments
- massages
- procedures
- salon treatments
- cosmetics





 **SOTHYS**
PARIS

PROFESSIONAL BODY TREATMENTS



The wake-up call is a brief introductory manual technique that is done through a towel. Its goal is to release the client, prepare her and tune in to other procedures

The ceremony of treatment is the main part of the whole procedure. It changes according to the choice of ritual peeling - massage - wrap

A refreshing finish is a final massage performed while sitting over a towel. After all the procedures when the client is almost transferred to another world thanks to the touches of the therapist, the smells of the preparations and the music, she will return to the reality thanks to a short toning massage inspired by the Japanese Amma technique.

THREE
TIMES
EXPERIENCE

100% PERSONALIZED TREATMENT

Be the creator of your own treatment... You have a unique opportunity to choose the scent of treatment, you can choose: Lemon and orange leaves or Flowers and cedar wood. Indulge in unique, exclusive treatments with excellent full body massage, sensual scents, and amazing music.

PEELING	20 min / 25.00 €
MASSAGE	40 min / 29.00 €
COMPLETE	60 min / 50.00 €

PERSONALIZED SLIMMING TREATMENT

A complete slimming treatment that reduces all types of cellulite. Exclusive procedure and products with effective ingredients that start the fat burning process. Applying a slimming peeling and warm-up wrap followed by a slimming massage that reduces cellulite. Exclusive treatment that combines efficiency and sensuality.

90 min / 65.00 €

REJUVENATING BODY TREATMENT

Complete treatment combined with slimming peeling with a smoothing/firming massage. It is a slimming ritual with two sensory formulas with a proven effect to protect the young appearance of the skin.

60 min / 75.00 €





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PROFESSIONAL BODY TREATMENTS



REJUVENATING BODY TREATMENT WITH WRAP

Complete treatment combined with a slimming peeling with a smoothing/firming massage. It is a slimming ritual with two sensory formulas with a proven effect to protect the young appearance of the skin. The last part of the treatment is an original and sensory detox-hydration wrap for complete relaxation.

90 min / 90.00 €

SMOOTHING-WARMING PROFESSIONAL TREATMENT

Detox foam wrap with original texture and active ingredients known for their antioxidant effect. It perfectly heats the skin and starts blood circulation; it can also be done before a sport performance. It is also intended for anyone who wants to improve their body and skin appearance.

60 min / 65.00 €

NOURISHING AND RELAXING MASSAGE OF SOTHYS ATHLETICS

Combination of deep smoothing and pressures, with massage taps at the tension point. This massage helps relieve tension caused by exercise, stress, poor posture, it stimulates and strengthens. After the treatment you will feel deeply and immediately relaxed with a feeling of inner peace that lasts for several days.

75 min / 75.00 €

INSPIRATION ART & BEAUTY

Special body treatment that awakens all senses: sight, touch, hearing, smell. Indulge in the following 3 art and beauty moments: Watercolor peeling, Massage impression and Palette wrap.

NON-PEELING TREATMENT 60 min / 70.00 €

COMPLETE TREATMENT WITH PEELING 70 min / 80.00 €



MASSAGES

Massage is considered the oldest and most natural way of treatment. It is the most pleasant method to improve the overall condition of the body. Immerse yourself in the waves of bliss and enjoy complete relaxation, feel the return of harmony of body and soul.



CLASSIC MASSAGE

20 min / 18.00 €

45 min / 28.00 €

HONEY MASSAGE

25 min / 23.00 €

REFLEX FEET MASSAGE

25 min / 23.00 €

„Fijian hot mussels massage“

Try our new luxury, exotic treatments straight from Fiji, with a strong skin regeneration effect and a beneficial effect for your body and mind.

MATAMANOA RITUAL

Original full body massage with hot and cold mussels, oil wrap of the whole body, face massage with cold shells, massage of the hair part of the head.

60 min / 45.00 €

TOKORIKI RITUAL

Luxury full body treatment which includes sugar peeling, whole body massage with hot mussels, wrap with coconut butter, face massage with cold shells and massage of the hair part of the head.

90 min / 65.00 €



SPECIAL PROCEDURES

SPA
KONTAKT

CINNAMON SLIMMING WRAP

Peeling with sea salt followed by a cinnamon wrap combined with massage, pleasant relaxation with candles and music which has a healing effect for your joints and creates an overall effect of velvet skin.

90 min / 55.00 €

CHOCOLATE INTOXICATION

Luxury massage performed by chocolate, where the effect of phenyl ethylamine causes a good mood. It smoothes and tones the skin, prevents skin aging, provides quality care full of vitamins, minerals, antioxidants and coenzymes. It suppresses cellulite.

At the beginning you will be pleasantly tuned and relaxed during the initial relaxation by pleasant music followed by peeling with hot oil and coffee, chocolate massage and finally wrap.

90 min / 55.00 €

MUD DETOX TREATMENT

Peeling with sea salt and citrus oils, application of mineral mud which contains trace elements and mineral salts followed by a relaxing massage with finely perfumed essential oils.

90 min / 65.00 €





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SALON „SOTHYS PARIS“ SALON TREATMENTS



We don't leave anything to chance in Sothys. We know that every detail is important, that beauty sounds like a harmonious music that comes from within each of us. Because beauty is in every tone, we let it sound according to your taste, wishes and individual needs.

TREATMENT OF NORMAL TO MIXED SKIN

For the treatment of normal to mixed skin we use products from the Hydra Protective line which help maintain balance and hydration of the skin. They correct the T zone and protect the skin from adverse external influences.

60 min / 45.00 €

OILY SKIN TREATMENT

Oily and acne skin requires specific and regular care at home and in the beauty salon. By regular treatment we can reduce the amount of oil, prevent inflammation and keep pores clean. In addition, Sothys skin care products also hydrate the skin.

60 min / 45.00 €

DRY SKIN TREATMENT

Hydro lipid film of dry skin does not contain natural sufficient amount of greasy and hydrating substances. The skin is rough and needs to stimulate its own lipid production which serves as its natural barrier and protection.

60 min / 45.00 €



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SALON „SOTHYS PARIS“ SALON TREATMENTS



SENSITIVE SKIN TREATMENT

The problem of sensitive skin is caused by aggressive climatic conditions, workload, stress, sunlight, diet and inappropriate cosmetics. Sothys treatment improves the condition of the skin soothes it and helps it better defend itself against external aggression.

60 min / 45.00 €

CAPILLARY SKIN TREATMENT

Skin redness can affect anyone aged 20 to 70 years. About 15% of the population is affected by this problem. In the treatment of skin with red capillaries, it is therefore necessary to provide the skin with means to strengthen the veins, increase resistance to external aggressors, improve its comfort and reduce red spots.

60 min / 45.00 €

AGING SKIN TREATMENT

The goal of the aging skin treatment is to effectively reduce the signs of aging, to strengthen and maintain the natural hydration, nutrition and firmness of the skin.

60 min / 45.00 €

DEHYDRATED SKIN TREATMENT

The goal of the treatment is to effectively reduce the effects of skin dehydration and to maintain the natural hydration, nutrition and firmness of the skin.

60 min / 45.00 €



SOTHYS PARIS SALON TREATMENT

Everything starts with mutual communication and then let only the hands of your therapist speak. Personalized treatments with active ingredients, relaxing massage, relaxation of neckline, arms, neck, face and whole head to hair roots. Effective and efficient skin treatments will absolutely brighten and smooth your skin.

Digi-Esthétique - is a patented massage by SOTHYS PARIS and corresponds to its salon treatments. It combines two techniques - eastern and western. The eastern one is the stimulation of meridians on the face and the western one is the relaxation, stroking and lymphatic drainage. By compressing meridians (energy pathways of the internal organs), we stimulate energy in the individual internal organs.

Within the western massage technique Digi-Esthétique we distinguish 2 phases: The first one is the phase of relaxation and corresponds to back massage. The second stage - the drainage phase - respects the natural flow of lymph and thus ensures detoxification of the skin. This massage also includes strokes that counteract wrinkles and correct existing ones.



DIGI-ESTHÉTIQUE

removes traces of aging, fatigue, stress and it supports, induces a state of deep relaxation, revitalizes the body and restores energy. It has a positive effect on the physical and mental state of the client and eliminates toxic substances of the organism.

45 min / 35.00 €

HYDRA 3HA

Well hydrated skin is visibly younger and better tolerates signs of aging. Sothys presents its latest hydration program with triple amount of hyaluronic acid*, in which a major role is played by the already existing exclusive active ingredient, 1055 boletus extract. Immerse yourself in an intense experience with the Hydra3Ha Hyaluronic Acid™ Intensive Treatment.

This luxury treatment has been especially designed to meet the hydration needs of all skin types in combination with a special six-phase protocol, exclusive **Digi-Esthétique®** massage techniques and the latest generation of hydrating active ingredients

75 min / 60.00 €

REJUVENATING INTENSIVE FACIAL TREATMENT

Keep your true age to yourself... Introducing 75 minutes of targeted care to alleviate the signs of aging, wrinkles and flabby skin. This highly sophisticated treatment which meets the same principles as other intensive Sothys treatments combines ultra-targeted products with expert application methods. Sothys guarantees the effectiveness of this professional treatment on the basis of five key steps and more than eight specific textures. Since our true age reveals not only the face but also the hands, you can look forward to a hand treatment that includes paraffin wrap and hand massage.

75 min / 75.00 €

FACIAL TREATMENT IN THE RHYTHM OF THE SEASONS

Tune in to the rhythm that will delight any modern, active woman for whom health and beauty of the skin are important and she is interested in the news in the skin care. We offer you an unrepeatable natural skin treatment based on the refreshing effects of fruit. The treatment concept respects the changing seasons and basic skin needs: brightening and toning in spring and summer, protection and nutrition during autumn and winter.

50 min / 45.00 €



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SOTHYS PARIS SALON TREATMENT

ENERGIZING INTENSIVE TREATMENT WITH SIBERIAN GINSENG

The skin begins its first days of life with its own energy supply which is the source of its radiance for years to come. But if it loses its energy, the skin loses its radiance. Refill your skin with energy and reveal its young appearance with a "secret Russian plant". This treatment can be done alone due to its effects or as a pre-treatment before anti-age or hydration intensive treatment to increase skin energy and brightness.

Suitable treatment for all skin types, all ages throughout the year - equally for women and men.

90 min / 65.00 €

CHOCOLATE FACIAL TREATMENT

A unique, professional treatment by Bernard Cassière from 64% cocoa. The fabulous sweet treatment of cocoa butter, essential orange oils, chocolate fund and vanilla extract will sweeten your skin. Excellent, unconventional product textures combined with professional massage techniques guarantee you a true chocolate experience.

60 min / 45.00 €



PERFECT SHAPE TREATMENT (for low neck and neck)

The serum used in this treatment creates an effective protective mesh on the skin which immediately forms, lifts and protects the contours of the face while smoothing deep wrinkles on the neck and low neck. It is inspired by two special Dermo-aesthetic techniques and is enriched with dermo-smoothing and dermo-lifting active ingredients selected by advanced Sothys research. This treatment is suitable for ladies and gentlemen.

45 min / 55.00 €

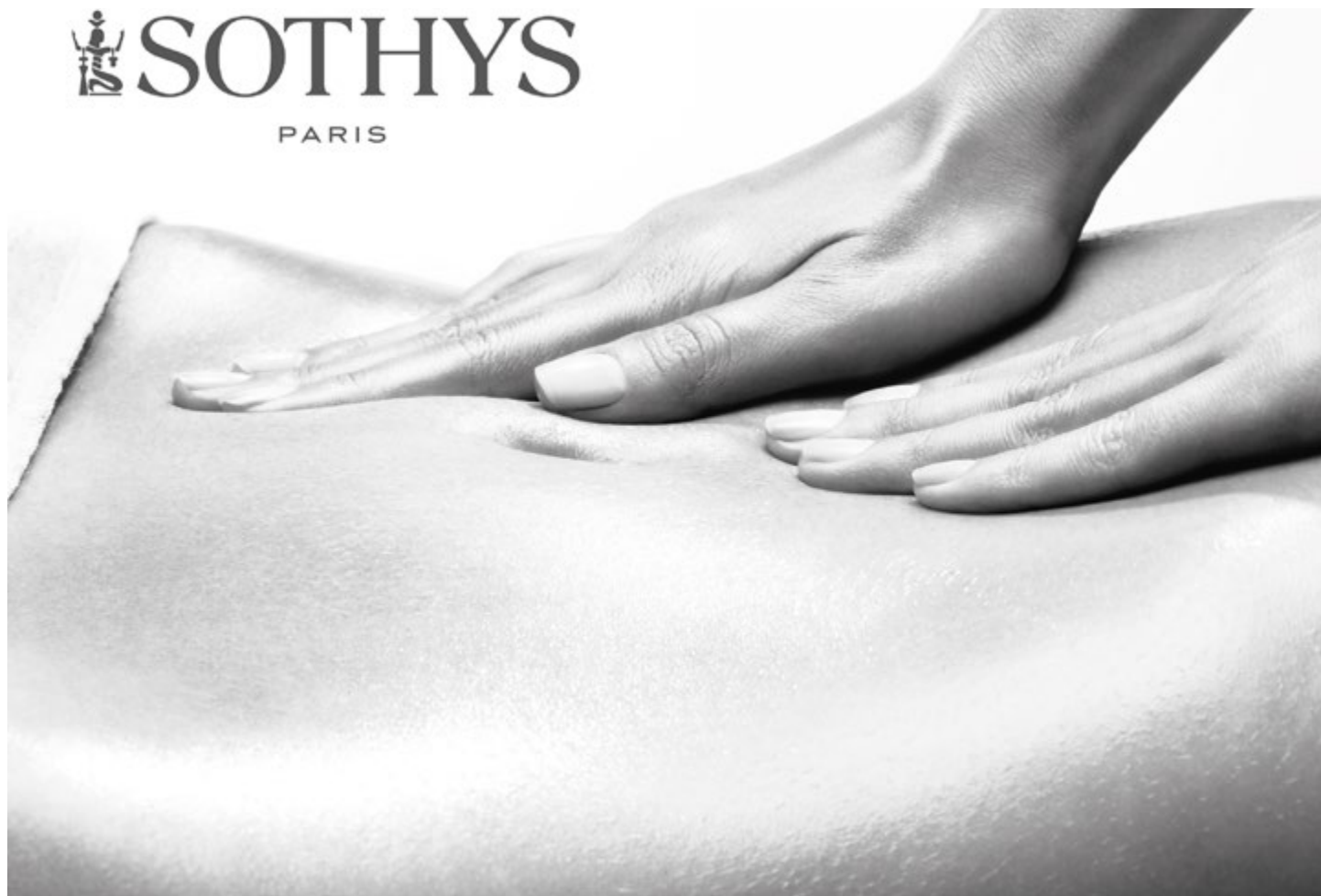
BASIC MEN'S TREATMENT

Basic treatment for strengthening and detoxification of the skin of men. The treatment is a combination of relaxation and effectiveness, the skin is perfect and more resistant.

60 min / 45.00 €



 **SOTHYS**
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COSMETICS

“Face beauty clinic” This multifunctional device has all the latest equipment in a small place. It is a large “beauty clinic” that provides options to treat all types of cosmetic problems including skin nutrition, face lifting and substance administration.

Measuring of skin hydration – we offer for free within the treatment. Hydration treatment is measured before and after the treatment. The customer will see the real positive effects of the cosmetic treatment.



BRUSH - MECHANICAL PEELING

The treatment is carried out with rotary brushes, thoroughly cleanses the skin and prepares for further treatment so that the skin can better receive the active substances.

10 min / 9.00 €

INFRA RED

Cosmetic iron for penetration of cosmetics into the skin. The treatment is very pleasant with the possibility of setting the desired temperature.

6-8 min / 7.00 €

VACUUM MASSAGE

The massage cleanses the lymphatic pathways, thus improving swelling, clogs under the eyes, double chin. The treatment contributes to a significant improvement in skin elasticity and tone.

20 min / 15.00 €



ADDITIONAL SERVICES

ADJUSTING AND COLORING OF EYEBROWS

10 min / 9.00 €

MASSAGE OF FACE AND LOW NECK

20 min / 18.00 €

COMPLETE FACIAL TREATMENT

- deep skin cleansing and massage

90 min / 55.00 €

PARAFFIN HANDS WRAP AND MASSAGE

30 min / 19.00 €

WAX DEPILATION

- face part

10 min / 9.00 €

- hands

15 min / 12.00 €

- tibia or bikini

20 min / 15.00 €

- whole legs

60 min / 35.00 €



THAI MASSAGE

TRADITIONAL THAI MASSAGE

Thai massage is a 2,500 years old treatment method based on concept and knowledge of energy pathways in the human body called Dream, where important acupressure points are found. The technique of massage is to touch these points and develop necessary pressure on them, in stretching and passive stretching of individual parts of the whole body. It is carried on the mattress in comfortable clothing without the use of oils.

60 min / 48.00 €

TRADITIONAL THAI MASSAGE

Complex back massage focused on neck, shoulders, cross and hip area using camphor-menthol ointments and aromatic oils. The massage works deeply and relaxes stiff muscles. It relieves pain and removes stress, strengthens the nervous system and evokes a feeling of harmony. Regular repetition of the procedure can bring relief from chronic back complaints.

30 min / 30.00 €

60 min / 48.00 €



FOOT AND LEG REFLEX MASSAGE

It is a massage of reflex points called receptors that are found on the feet. These are sensitive sites connected by meridians to parts of the human body and internal organs. Energy flows through them and it can be stopped and then so called blockades are formed. The masseur acts on the receptor to promote blood flow to the organ and the ability to heal it.

30 min / 30.00 €

COMBINED BACK AND FOOT MASSAGE

This proven combination is centred on the body parts that are most stressed in today's lifestyle. It includes complete back massage supplemented with foot and calf massage. Foot massage has a very relaxing effect and acts not only physiologically but also mentally and anti-stressfully.

60 min / 48.00 €

90 min / 75.00 €

ANTISTRESS MASSAGE OF HEAD AND NECK

Thai massage of neck, collar and head is a systematically focused massage in which there is a deep relaxation of the whole nervous system. It helps to relieve stress and puts pressure on important energy centres. The procedure begins by relaxing the stiff muscles of the arms and neck. It continues with a gentle massage of the scalp and face.

30 min / 30.00 €

THAI AROMATIC MASSAGE

Relaxing aroma therapeutic oil massage stimulates blood circulation and has detoxifying effects. Essential oils wrap your body in a magical fragrant haze. It releases the lymphatic system and boosts immunity. Choose the best from the tropical garden for you and perceive thousands of years old culture through scents and touches.

60 min / 48.00 €

90 min / 75.00 €

